

Neelama Eyres Client Comprehensive Form

Spiritual Facilitation for Individuals & Groups
info@neelama.com ~ 415.250.0832

Dear Friend,

This form is an opportunity for me to get to know you even better. It will provide me with important history and inner themes that can be of use in our deepened work together. Please take some time to reflect and fill out the questions below, returning the form to me as soon as you possibly can.

Thank You,
Neelama
info@neelama.com

Client Name:

Age:

Email:

Phone:

I. Coaching Objectives

1. Please describe the main “life areas” where you would like support:

For each area, please list what is “not working”. Describe your challenges, breakdowns, dissatisfactions.

In addition, for each area list what your goals are. What do you feel is the next step, desired outcome, or where is growth possible for you in that area?.

Examples of “life areas” are (*relationship, career/life purpose, finances, spirituality, health/body.*)

II. Personal History

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2. Please describe your family of origin history:

{size of family, # of children, location of upbringing, religion of parents, relationships between mother, father and siblings, etc...}

3. Please describe your personal history (w/in the family):

{your position in family, your personal experiences growing up in family, your relationships to mother, father, and siblings, etc...}

4. Please describe your medical history:

{general medical background, extended medication prescription- and if so, please describe and indicate for what the medication was prescribed, are you currently taking any medications for physical or psychological reasons, history of addictions to medications or drugs, etc...}

5. Please describe your work and educational background:

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{what educational and career pursuits have you been following, what is your work background from the past 10 years, where are you in terms of your overall career pursuit/direction, etc...}

6. Please give a background of your experiences in intimate relationships:

{please describe your history of the major sexual/intimate relationships that have shaped your life, patterning around intimacy/relationship/sexuality, core issues that arise in intimate relationships for you, etc...}

7. Please describe your personal/psychological/spiritual growth experiences:

{please describe spiritual/personal development background/groups in which you have participated (type of work and length of time involved), any therapy – what

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type and length of time involved, and any other major personal development work you have done, etc...}

8. What are you seeking through these individual sessions?

{what would you like for yourself through the work we do together – be as specific (issues you would like to explore) and as general (overall intention) as you like}

Please read the below policies and sign to indicate that you have read and understand these statements.

FEES

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All fees are to be paid in advance of your session. You can pay online or by check. Your invoice will be sent to you with an online payment option. Checks can be made payable to: Julie Eyres and mailed to 29 Anton Way, Novato CA 94945

CANCELLATION POLICY

There is a 24 hour cancellation policy. Should you cancel less than 24 hours prior to your session you will be billed at the lowest sliding scale rate for your session.

ADDITIONAL SUPPORT

I offer free and ongoing email support. Feel free to email me and I will respond within 48 hours unless I am teaching a workshop in which case I will respond upon my return (usually the Tuesday immediately following a workshop). Emails sent over the weekend will be returned on Monday.

I also offer 15 minutes of free phone 'check-in' support in between sessions. Anything exceeding this will be billed accordingly. Phone support occurs during my normal business hours (9-5 M-F) unless teaching a workshop in which case I am not available for phone support. Calls are normally returned within 24 hours. Calls made over the weekend that are non-emergent will be returned Monday.

I have read and understand the above policies.

_____ {Client's Name} _____ {Date}

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Please read the below disclaimer and sign to indicate that you have read and understand these statements.

Neelama Eyres is a Spiritual Facilitator trained in the Inner Journey Approach. She has also been trained in the psycho-spiritual school of the Diamond Logos Work. In addition she was trained by the Oneness University in India as a Deeksha Facilitator. She is not a certified psychotherapist, and these sessions are not, and should not, be considered a substitute for 'psychotherapy'.

The work in these sessions will consist mainly of an "inquiry" approach in which the facilitator supports the client in exploring the main themes/issues that are arising in the client's life. The work will be 'body-centered' and a presencing approach will be used. These sessions are not designed for individuals who require psychiatric treatment.

For the client and facilitator to build a foundation, a commitment of 8 sessions is highly recommended. At the end of these sessions, facilitator and client can re-evaluate and assess the relationship, deciding whether to continue further work together.

If, at any time, the nature of this approach feels inaccurate or counterproductive to your personal or spiritual growth, please bring this to the facilitator's attention.

I have read and understand the above statements

{Client's Name}

{Date}

**Please return this form to: Neelama Eyres
via email: info@neelama.com
or via mail: 29 Anton Way, Novato California 94945**

Thank you – and I look forward to beginning our work together!